

The logo for 'the big lunch' features the text in a white, lowercase, sans-serif font on a green rectangular background. The background is framed by a white border with green rectangular accents at the corners and midpoints.

the big lunch^{cp}

SO, WHAT EXACTLY IS THE BIG IDEA?

Most of us are shy, many of us lead single lives and even when we are together often go our own way. We all know about the problems in our society and don't need to be preached at about them. But inside almost everyone there is a notion that despite our differences, the ties that bind us are important.

The shared enjoyment of eating together, laughter, play, music and conversation bring us together and for all the fact that we are so fabulously different in our outlook and experience on many things, we know a simple truth - together we are strong. Wouldn't it be great if for just one day we remind ourselves about all that is good about us and bring about a moment that ignites a spark?

It may be tricky, it may feel slightly uncomfortable to start with. It takes a bit of courage to stop being a stranger. But think of the prize - to be able to walk down the street and into the wider neighbourhood and realise how many good people there are: people who, acting together, can create a real sense of community - a word that in Latin means; "together, in gift".

So... if you're up for it, try growing something, making something or generally getting stuck in for the Big Lunch. No one is going to tell you how to do it as your ideas will be perfect for you. If you want any prompting we've gathered together lots of ideas that might set you on the road for a day that at worst might be fun and at best could start to change your life in unexpected ways!

It's your party. All we're doing is giving you an excuse but if you need more than that, then there is a remarkable reason to hold your Big Lunch. For more details

<http://www.thebiglunch.com/>

THE ECTON BIG LUNCH IS AT THE VILLAGE HALL ON 19th JULY

People to contact

Sally Bresnahan 403027

or use the tear-off slip opposite

If they don't get you first!