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**ST. MARY MAGDALENE  
ECTON**



**PARISH MAGAZINE**

**JULY 1999**

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It costs 50p to produce this magazine  
Contributions towards its cost would be appreciated

## PARISH AND VILLAGE ORGANISATIONS

### BELL RINGERS

Contact Dorothy Creed  
Tel:01604 407864

### PARISH COUNCIL

Chairman: David Dicks  
Tel:01604 407145

### CRICKET CLUB

Captain: Steve Wheatman  
Tel:01604 401714

### PRE-SCHOOL

Monday, Tuesday, Thursday  
and Friday 9.15 - 11.45 am  
and Wednesday 9.15 - 11.15 am  
Ecton Village Club  
Tel: 01604 409213

### FELLOWSHIP

Contact: Joyce Orford  
Tel: 01604 414245  
2<sup>nd</sup> Tuesday in month  
2.30pm Rectory Room

### PRIMARY SCHOOL

Headteacher: Sheila Sayers  
Tel: 01604 784711

### MONDAY CLUB

Contact: Freda Richards  
Tel: 01604 405928  
Twice monthly on Mondays  
2.30pm Rectory Room

### WOMEN'S INSTITUTE

Contact: Stella Gibson  
Tel: 01604 405350  
1<sup>st</sup> Tuesday in month  
7.30pm Rectory Room

### MUMS & TOTS

Contact: Kate Kirton  
Tel:01604 409809  
Most Wednesdays  
2-4 pm at Ecton Village Club  
Cost £1

### ECTON VILLAGE CLUB

Contact: Tony Green  
Tel: 01604 407141  
Bookings Clerk:  
Freda Richards  
Tel: 01604 405928

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### **MAGAZINE EDITOR**

Anne Henderson, 48 High Street, Ecton  
Tel: 01604 405942

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### PRIEST-IN-CHARGE

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The Rectory, 32 West Street, Ecton  
Tel: 01604 416322

### ASSOCIATE PRIEST

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Northants NN9 5BB  
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Ecton NN6 0QE  
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Mary Dicks  
Field House, West Street, Ecton  
Tel: 01604 407145

**COME TO ME  
... AND YOU  
WILL FIND REST  
FOR YOUR SOUL.**

Matthew 11. 28, 29. (N.I.V.)

Copy for August/September Magazine to  
Anne Henderson - 48 High Street, Ecton  
by 12th July please

### COFFEE ROTA

July 4 <sup>th</sup>	Pat Peacock & Dorothy Creed
July 11 <sup>th</sup>	Nick & Mary Green
July 18 <sup>th</sup>	June Marshman & Marian Gleave
July 25 <sup>th</sup>	Millie Harlott & Christine Murray
August 1 <sup>st</sup>	Ingrid & Keith Cartwright

### BRASS CLEANING

July 3<sup>rd</sup>      Walter & Gwenda

### CLEANING ROTA

July 3 <sup>rd</sup>	Yellow	B
July 10 <sup>th</sup>	Blue	A
July 17 <sup>th</sup>	Green	B
July 24 <sup>th</sup>	Orange	A
July 31 <sup>st</sup>	Red	B

I would like to change the front cover of our magazine  
from time to time.

Could you design a simple, black and white picture to  
fit our space?

If so, please drop it in at 48 High Street and don't  
forget to include your name.

Thanks.

Anne

## From the Priest-in-Charge

Thank you to all who responded to the *TRIO* campaign launched at the beginning of May. Of the 67 information packs which were given out, only 9 people failed to respond or declined the invitation to review their giving.

The positive responses mean that the pledged giving has increased by nearly 25%. The Parish Church now has a much more secure base from which to operate and I hope that all who contribute financially to the life of the Parish Church will continue to review their commitment every year from now on. If you have not yet made a response it is not too late to do so. Return your envelope either to the Church or to Ecton House.

*The increase in giving should enable the PCC to cover the costs of urgent repairs to the Tower and to one of the North clerestory windows which will be undertaken over the next couple of months. This work alone will cost nearly £3,000.*

As most of you will have heard the Diocesan Synod unanimously approved the Bishop's Council's recommendation that Ecton House be sold early in 2000. More details will be passed on, as they become available. The sale of the House will bring new challenges to the worshipping congregation of St. Mary Magdalene and new opportunities for the Village Club to fill the vacuum which will be left by the sale of the Rectory Room.

Ecton is very fortunate in having the Village Club and I hope that what will be the end of an era for the Rectory Room will mark the beginning of a new and bright future for the Village Club. Many people are already working hard to improve the Village Club's facilities and I hope that the negative news about Ecton House will boost them in their efforts and in the support they receive from the village.



**CHURCH AND VILLAGE DIARY**  
**JULY 1999**

**Thursday 1st July**

7.30pm

Holy Communion.

**Sunday 4th July**

9.30am

**The Fifth Sunday after Trinity**

Parish Communion: Genesis 24. 34-38, 42-49; Psalm 45. 10-17; Romans 7. 15-25a; Matthew 11. 16-19, 25-30.

6.00pm

Evensong.

**Monday 5th July**

2.30pm

Monday Club meets in the Rectory Room.

**Tuesday 6th July**

9.00am

Holy Communion.

7.30pm

Women's Institute meet in the Rectory Room.

**Thursday 8th July**

7.30pm

Holy Communion.

**Sunday 11th July**

9.30am

**The Sixth Sunday after Trinity**

Parish Communion: Genesis 25. 19-34; Psalm 119. 105-112; Romans 8. 1-11; Matthew 13. 1-9, 18-23.

6.00pm

Evensong.

**Tuesday 13th July**

9.00am

Holy Communion.

2.30pm

Ecton Fellowship meets in the Rectory Room.

**Thursday 15th July**

7.30pm

Holy Communion.

**CHURCH AND VILLAGE DIARY**  
**JULY 1999 CONTINUED**

**Sunday 18th July**

9.30am

6.00pm

**The Seventh Sunday after Trinity**

Parish Communion: Genesis 28, 10-19a; Psalm 139, 1-12; Romans 8, 12-25; Matthew 13, 24-30, 36-43.  
Evensong.

**Monday 19th July**

2.30pm

Monday Club meets in the Rectory Room.

**Tuesday 20th July**

9.00am

Holy Communion.

**Thursday 22nd July**

5.30pm

Friends of Ecton House Annual General Meeting followed by Evensong in the Parish Church.  
A buffet supper will be served at Ecton House at 7.30 pm followed by a candlelit Service of Compline. Tickets are £7.50 and are available from the office at Ecton House.

**Saturday 24th July**

2.00pm

Ecton Village Fete will be held in the grounds of Ecton House.

**Sunday 25th July**

**The Eighth Sunday after Trinity/James the Apostle**

The Bishop of Brixworth will be visiting us for our Service at 9.30 am and the Archdeacon of Northampton will join us for our evening service at 6.00pm.

**Tuesday 27th July**

9.00am

Holy Communion.

**Thursday 29th July**

7.30pm

Holy Communion.

## PSALM 23 FOR BUSY PEOPLE

The Lord is my pace-setter. I shall not rush.  
He makes me stop and rest for quiet intervals.  
He provides me with images of stillness, which  
restore my serenity.  
He leads me in the way of efficiency through  
calmness of mind.  
And His guidance is peace.  
Even though I have a great many things to  
accomplish each day  
I will not fret, for His presence is here,  
Its timelessness, its all-importance will keep me  
in balance.  
He prepares refreshment and renewal in the midst  
of activity.  
By anointing my mind with His oils of tranquillity,  
My cup of joyous energy overflows,  
Surely harmony and effectiveness shall be the  
fruits of my hours,  
For I shall walk in the pace of my Lord,  
And dwell in His house for ever.

### PRAYER IN OLD AGE

*'Only struggle on, Lord,  
doing the next task,  
Stroke the cat and make the Bed?'*  
*'That is all I ask.'*

*'Only man the phone, Lord,  
Listen when they talk,  
Be accepting, loving?'*  
*'Yes, with me you walk.'*

*'Only sit and read, Lord  
Ease each aching bone?  
Thankful for my cup of tea?'*  
*'You are not alone.'*

## Conclusion

*All you need to do is  
what is necessary,  
and what is necessary  
I will give you strength  
to do  
so  
worrying about  
doing "what is necessary"  
is quite  
unnecessary.*

Wyn Barnes

DEANERY CHORAL EVENSONG  
AT  
WELLINGBOROUGH SCHOOL CHAPEL  
ON  
SUNDAY 4<sup>TH</sup> JULY 1999  
AT 6PM

OUR CHOIR WILL BE TAKING PART

### PLEASE NOTE

DEANERY SONGS OF PRAISE ON SUNDAY 11<sup>TH</sup> JULY  
HAS BEEN CANCELLED

## **SUMMER FETE**

**SATURDAY 24<sup>TH</sup> JULY 1999**

**2.00PM - 4.00PM**

**AT ECTON HOUSE**

**COME WITH YOUR FAMILY & FRIENDS & ENJOY AN AFTERNOON WITH US**

**STALLS, GAMES, TEAS, ARTS & CRAFTS DISPLAY  
AND FLOWERS IN CHURCH**

**IF YOU HAVE ANY CONTRIBUTIONS FOR THE STALLS, PLEASE CONTACT  
STALL HOLDERS. WE WILL COLLECT IF DESIRED.**

**==+==+==+==+==+==+==+==+==+==**

**FETE PLANNING MEETING ON**

**7<sup>TH</sup> JULY 1999**

**AT 8PM IN CHURCH**

### From the Registers

We welcome into the family of the church

Alistair Timothy Tobin  
Britney Dee Claire Stevenson

*"You must be born again" - John 3 v 7*

DATE FOR YOUR DIARIES !!!!

NORTHAMPTONSHIRE HISTORIC CHURCHES TRUST

SPONSORED BICYCLE RIDE/WALK

SATURDAY 11<sup>TH</sup> SEPTEMBER 1999

This yearly event is organised in order to raise funds to help pay for the repairing and restoring of historic churches and chapels in the County, whatever their denomination.

The Trust receives half the amount raised by each participant, the other half going to the church or chapel of the cyclist, walker or recorder's choice. The Trust makes grants where major repairs and restorations are needed, the cost of which are often beyond the resources of the local community, thus helping with the preservation of our wonderful and rich heritage.

Please come and join us - whether on bicycle or on foot - for an enjoyable day out. Why not bring the whole family????!!!!

Help in church with the recording of those participants who visit Ecton Church would also be much appreciated, an hour or two would be great! Please note that the Recorders can also be sponsored.

Sponsorship forms and a list of participating churches can be obtained from myself. **Have a fun day, keep fit and help raise money for a very worthy cause!** Looking forward to hearing from you.

Ingrid Cartwright  
Tel: 415806

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Prayer

*Thank you Lord for your love that knows no limits. Thank you for accepting me just as I am. But thank you for taking me in my weakness and moulding me into the kind of person you want me to become. Open my heart and life that I might be more and more like Jesus. Amen.*

## ECTON FELLOWSHIP

This will be the last meeting - Tuesday 13th July - until September.

We are having our Annual Bring and Buy for our Charities. Please bring anything that is saleable.

We shall also be entertaining ourselves with a favourite story, poem, music etc. so if you want to share 'something special', just bring it with you.

We are having a cake and preserve stall at the Parish Fete - Saturday July 24<sup>th</sup>. Please support this with some goodies and please price what you bring.

Our next meeting is on Tuesday September 28<sup>th</sup> in the Village Hall. Please note change of date and place.

There will be a short AGM followed by ----? To be arranged!!

Joan Dickins

Stella and Margaret and Peter invite you to their gardens  
at  
9 and 10 Church View  
on  
Saturday 31<sup>st</sup> July 1999  
2pm to 5pm

In aid of the Village and WI Millennium Projects

Entrance 50p to include tea and biscuits

**BRING & BUY PLANTS AND FLOWERS**

## WI REPORT

Tuesday, July 6<sup>th</sup> 1999 at 7.30pm in the Rectory Room

Speaker - Linda Allen - 'Calligraphy'

Competition - At the meeting

Teas - Mrs B Jones & Mrs M Green

August - no meeting

Tuesday, September 7<sup>th</sup> at 7.30pm in the Rectory Room

Speakers - J & J Johnson - Audio Visual Slides

Competition - Sea Shell

Teas - Mrs J Wilson & Mrs M Robinson

A most enjoyable meeting was held on 1<sup>st</sup> June, a demonstration on 'Cold Sweets' was given by Mrs Maria Barker - member of the WI Economics Committee.

Rhubarb Fool (with a difference), Lemon Cheesecake, Apricot Flan, Banoffi Pie and 'Mears Ashby' Special were all on the menu. Needless to say, Raffle Tickets were in great demand and various members went home well pleased! Vote of thanks given.

Recipes are available - see Joy Wilson at the next meeting, if required.

Competition - Victoria Sponge - won by June, Joy, Margaret

## AUTOGRAPH AUCTION

There will be an Autograph Auction of Saturday 10<sup>th</sup> July at 7 pm at the Cirrus Room, the Aviator Hotel, Sywell.

The Auction is being held to raise money for Sywell CEVA Primary School's new extension which will replace the mobile classroom.

So far, we have 78 items to auction. These have all been donated by celebrities and include autographed photographs, books, CD's, items of clothing and other interesting items. The school has been very fortunate to receive donations from pop stars, politicians, actors, comedians, TV programme presenters and popular soap stars. Also, we have had lots of donations from sportspeople including cricket players, golfer, footballers, snooker players and formula one racing drivers. There is something for everyone.

A Catalogue of all the items up for auction is available from the school office, myself or at the door on the evening.

If you would like a particular item or items, and are unable to attend the auction, you may send your bid in a sealed envelope. Please give details of the item(s), lot numbers(s) and maximum price you would be prepared to pay, along with your name, address and telephone number. On the outside of the envelope should be a note of the lot number(s), and it should be address to myself, Zoe Alexander, c/o Sywell CEVA Primary School. You will be contacted afterwards if you have been successful.

The Auction promises to be good fun. Children are very welcome to come along with their parent(s) and refreshments will be available. Please try to come along and support this event - remember your cheque book!!

If you would like any further information, my telephone number is 01604 646666. Thank you.

Zoe Alexander

# Earls Barton Help Scheme

Do you sometimes need transport to take  
you to keep appointments at:-

HOSPITAL  
DOCTOR'S SURGERY  
DENTIST  
OPTICIAN  
CHIROPODY

or any other medically related  
appointment?

We are there to help by providing a door  
to door car service.

We only charge enough to cover  
volunteer drivers' petrol etc.

When the need arises why not ring  
Margaret Paul (co-ordinator) on  
01604 812526 and book a car?

*We will be pleased to help you!*

## NOTES FROM ECTON PARISH COUNCIL

### Annual Parish Meeting and AGM - Monday 17 May 1999

Present David Dicks (Chairman) Cheryl Gyte, Sheila Ingram, Sylvia Saunders, Maurice Creed, Ty Moffett, Peter Nock and Bill Wilson. Kate Payne (District Councillor) and P.C. Hooper also attended.

Apologies Tony Green.

There were 6 members of the village also present.

The Chairman welcomed the 3 new members of the Parish Council and Kate Payne as the new District Councillor and then gave his report (follows these notes). The accounts for the previous year were approved and signed. The accounts for Ecton Charities were also read out to the meeting. P.C. Hooper then gave his report on crime in the local area. Following several questions from members of the village the meeting then moved on to the AGM.

Sheila Ingram took the chair and it was proposed by Bill Wilson and seconded by Maurice Creed and agreed that David Dicks be re-elected as Chairman. It was proposed by Sylvia Saunders, seconded by Bill Wilson and agreed that Tony Green be re-elected as Vice Chairman.

Appointment of Planning Committee: Ty Moffett (Chairman) Sylvia Saunders and Bill Wilson.

Appointment of Public Lighting Committee: Sylvia Saunders, Tony Green and Maurice Creed.

It was agreed that as from the next meeting the Council meetings should take place at Ecton Village Club at a lower cost + heating.

Dates for meetings during the next year would be 19 July, 20 September, 15 November, 17 January 2000, 20 March and 15 May (Annual Meeting).

#### Matters arising:

Lower Ecton Lane: In response to the Parish Council's letter, The County Council had responded that it was not proposed at this time to expand the Contractor's remit regarding the clearing of waste in the area surrounding the tip.

A response is awaited from the County Council regarding the traffic survey and further steps to be taken towards the closure of the lane.

It was agreed that the insurance should be renewed in its present form.

Grass cutting: It had been noted that although Wellingbrough BC were cutting the grass in the playing field, it was not being collected and a letter would be sent to request that this is done.

Millennium: The Chairman reported that Ecton had got through the first stage of the Regeneration Fund approvals. In view of the delay in the procedures for the possible lane closure, it was agreed that the next stage should be in 2 parts. Part 1 should only include the noticeboard, village sign and the rebuilding of the wall at a total estimated cost of £9,115.32 and Part 2 for Lower Ecton Lane @ £10,000. There is almost £1400 in the Appraisal fund and two private donations have been received totalling £70. A plant sale and coffee morning is to be held in May and other events may be organised to help raise the amount required.

Highway Matters: It was noted that several areas of the village required attention. Concern was expressed that the footpaths in the village had not yet been resurfaced, although this was in the County Council's programme after the undergrounding work had been completed.

A discussion took place on the letter received from the Parochial Church Council concerning its financial position and the cost of:

- a) producing the parish magazine and
- b) the upkeep of the Churchyard. It was agreed that a payment of £100 should be made towards the cost the magazine as the Parish Council used this for informing parishioners of Council matters. On the question of the upkeep of the Churchyard an enquiry had been made of Wellingbrough BC who advised that they made payments to other Parish Councils for the upkeep of Churchyards. The only liability was in respect of closed Churchyards. The Parish Council would enquire of NALC or the District Audit Office whether a payment for Churchyard upkeep was permitted but no allowance had been made in this year's Revenue Grant application for such expenditure.

David Dicks reported that galvanised weld mesh would cost £78 and timber £48 to complete the work on the Shrine. It was agreed that these items should be purchased.

Accounts for payment:

East Midlands Electricity - quarterly account - maintenance	118.85
supply	126.43

The following accounts for payment were approved

Ecton C P School: Hire of room	15.00
Mrs P Hall - salary and expenses	114.99
Cornhill Insurance: premium	577.55
Ecton Parochial Church Council	100.00
Butterworths:	27.38

Future of Ecton Church Room:

It was noted that plans were in hand to sell Ecton House and the adjoining Church Room. This would mean that the village would lose the use of a public meeting room. It would also mean that there would not be a resident Priest in the village.

It was agreed that this subject needed further discussion and that representative from the Diocese should be invited to the next Parish Council meeting in July. By this time the Diocese should have made a decision regarding the sale. A letter would be sent to the Bishop asking for an appropriate person to attend the Council Meeting.

David Dicks  
May 1999

## **COUNTDOWN 2000**

**A musical play written about children for children will be performed at The Castle in Wellingborough on Friday 16<sup>th</sup> July at 2 pm and 7 pm.**

**All the schools of the World's End Cluster, which includes Ecton Primary, will be taking part. Please give them your support.**

## ECTON PARISH COUNCIL

### Chairman's Report May 1999

This last year has been very hectic with many meetings attended outside of normal Parish Council. My thanks are especially due to Pauline Hall for coping with a lot of extra work and for the full support I have received from the members of the Council.

Much effort has been put into the fight against the possibility of major development at Sywell Airfield. A complete village poll resulted in 92% of the response being against Policy T.13 of the County Structure Plan and against major development. Thanks to the expert guidance of Bill Wilson some progress has already been achieved resulting in an amendment to the new proposed Policy T.12, with further efforts to be made in the next few weeks.

Another major issue has been the proposal to close Lower Ecton Lane. Again a village Poll was carried out which resulted in 95% of the response being in favour of a closure. As further support, a two day traffic survey was organised through the hard work of Sheila Ingram and the help of many parishioners. The result is expected to be available shortly.

During the year we managed to finance some improvements within the village with the re-painting of one of the bus shelters, minor repairs to the Playing Field wall and a major repair to the Shrine including the side walls and steps.

A planning application was received for the conversion of the Coach House and Stables at Ecton Hall. This was discussed on several occasions by the whole Parish Council as well as at a site meeting with the developers and local planning officers. This was eventually re-submitted in a manner that was considered more sympathetic to the surrounding area and accepted.

Fly tipping has continued to be a problem in Lower Ecton Lane and elsewhere within the parish, and is continually discussed with the local authorities. We have also had travellers caravans parked illegally on the bridle path next to the A.45 with their usual rubbish. After their forced removal the whole area was cleansed and made secure again.

We are still working towards our Millenium Project of erecting a carved village sign and noticeboard near to the lay-by at the top of High Street and replacing the brick wall with a stone wall to match the area. It is hoped that some of the funding will come from the Re-generation Fund of the Borough of Wellingborough.

Finally I am sorry to report that we have lost the services of three members of the Parish Council. Ted Needham and Vic Lester have both given very many years of service and Kate Kirton who offered a youthful input. Their valuable contributions will be missed.

David Dicks  
May 1999

## **PATRONAL FESTIVAL 22<sup>ND</sup> - 25<sup>TH</sup> JULY 1999**

**A bumper three days this year!**

**On Thursday, July 22<sup>nd</sup>, the Friends of Ecton House will be holding their annual Festival with Evensong, a Buffet Supper, Music provided by the Weston Favell Singers and Compline by Candlelight.**

**Tickets for the above evening cost £7.50 and are available from Ecton House.**

**On Saturday, July 24<sup>th</sup>, we have our Fete.**

**On Sunday, July 25<sup>th</sup>, there will be a visit from the Bishop of Brixworth at 9.30 am and from the Archdeacon of Northampton at 6.00 pm.**

**Please try and support these events if at all possible.**

### **CHRISTIAN AID WEEK**

The house-to-house collection made £190.32.

The Soup and Bread Lunch made £230.

Very many thanks to all who collected and to all who supported this week. The final amount of £420.32 was a great achievement for a small village.

Joan Dickins

Millennium Project

## Ecton Cookery Book

In a further effort to raise the outstanding money needed to build the stone wall at the rear of Sunnyside we have decided to write another Ecton Cookery Book. The last one was produced in conjunction with the Ecton Armada Beacon Festival in 1988 so we feel that enough time has passed to produce a second volume.

If you have any recipes handed down to you by your granny or mother, or indeed any particular favourites of your family that you are willing to share then please do let me have them. If you have little anecdotes or stories that could accompany each one all the better. We hope to add illustrations here and there and maybe even a photograph or two. This is a project which can involve everyone and costs you nothing – unless you wish to buy a copy of the book when it's printed of course!

Please send any recipes to me before Saturday 14<sup>th</sup> August and hopefully we can turn out a 'best seller'.

Sheila Ingram 17 West Street Ecton Tel: 406038

### ADVERTISING

Would you like to advertise your business in this magazine?

Quarter, half or full pages are available.

For further information  
please contact Elin Wilson on 01604 406053

## Tobago Crab Project Update

I previously wrote about my "Earthwatch Millennium Fellowship" - the chance to work alongside scientists from Napier University for two weeks gathering information on Land Crabs in Tobago. Having survived the rigours of working in the jungle I can now report back on my experience!

The aim of the study is to discover as much about the maniocou crab (one of the top predators in the rainforest food chain in Tobago) to assess whether it is a threatened species. Once data on its population structure, feeding habits etc. has been collected then appropriate conservation measures can be recommended to the authorities as to the conservation of the crab and the rainforest.

Trinidad and Tobago are the southernmost islands in the Caribbean - only 11 kilometres off the coast of Venezuela. The country has two distinct seasons and I can be thankful that I went in the dry season. Even then, with temperatures at 29C and the relative humidity reaching 74%, working in the rainforest under the dense overhead canopy with little sunlight reaching the forest floor proved to be exhausting.

The project site was on the northern Caribbean side of Tobago, just outside the Main Ridge Forest Reserve and concentrated on the study of a river near to the fishing village of Castara. The river flowed through dense rainforest, with large stands of bamboo (up to 40' tall) arching over its course. Sudden alarming crashing sounds alerted the team to bamboo stems falling across the river - one of the hazards we were lucky enough to avoid. Viscous spiny vines were common and had to be given a wide berth - easier said than done when desperately reaching out for something to cling on to when sliding over slippery boulders in the pursuit of the maniocou crab! Equally nasty were the colonies of biting ants that inhabit decaying bamboo stems, only becoming evident when you disturb their habitat! But enough about the hazards of the jungle - suffice to say that dangers are avoided if you don't touch (*totally* the opposite to the teaching encouraged by the Rangers where appreciation of the environment through use of the senses is one of the key methods used to explore nature).

I spent most days working in a small team radio-tracking 15 tagged crabs along the riverbed and carefully logging their movements by taking compass bearings from fixed points. Once I had learned not to radio-track echoes (easily done because of the towering boulders!) I grew confident with my new found skill and enjoyed my task, certain in the knowledge that although I could not see these nocturnal creatures I had tracked them to their burrow or other daytime resting place.

Evenings were spent crab-spotting and, having recorded certain visual data, the team was then sent to work catching the crabs so more measurements could be taken the following day. Although small (the shell is about 15cm across) the crabs are viscous and become very defensive when alarmed, raising and waving their claws above their bodies to scare off potential danger! Caution when crab handling was essential and long, flat sticks were used to usher them into containers to avoid injury.

Taking part in the project made me aware of the volume of scientific data required which is vital to confirm or dismiss a theory. Information has to be collected over years in different seasons and analysed carefully to establish exactly what it is indicating. Although I took part the project this year the final results may not be published for a few years yet. I'll just have to be patient and remain satisfied that I assisted on an important project which may ultimately indicate conservation measures needed to protect Tobago's wonderful rainforest.

I am grateful to the Millennium Commission, Royal SunAlliance and local people for sponsoring me and am proud to have taken part in an overseas conservation project and had the chance to "act globally". Now I am back I'm drawing up plans to put my new knowledge into local action.

**Theresa**  
Senior Countryside Ranger- Sywell Country Park

### "Come Aside to Rest Awhile"

In the midst of the pressures and burdens of a busy life it is a very precious thing to be able to come aside to rest.....to allow yourself "space" with the Lord and a bit of "space" for yourself.

The need to come aside is essential for your well-being spiritually, mentally and bodily. A stay at the Crowhurst Christian Healing Centre at Crowhurst near Battle in beautiful East Sussex countryside can afford you the opportunity to do just that. In the peace and quiet of beautiful surroundings, you'll find a lovely opportunity to allow the Lord to touch your life; to show you His love in a personal and corporate way, and to allow you to experience His healing touch and forgiveness in a place of need. In the context of daily worship, preaching of the word, prayer and rest, the Lord Jesus can minister into your deepest areas of concern, brokenness, pain and weariness. To be still, to rest in His presence, to learn of the Lord's love for you, are all part of Jesus' healing ministry in this place.

There is also opportunity to enjoy gentle creative activities; to express yourself through painting; to enjoy walking; to share fellowship with others or simply just to rest and just "be". You will be well cared for in comfortable and peaceful surroundings, nurtured and fed well in every respect.

Jesus says, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me for I am gentle and humble in heart, and you will find rest for your souls." "Come", he says. So please come to Crowhurst and find the rest you need. Draw close to God and he will draw close to you:

Rev Trevor R Blackshaw  
Warden

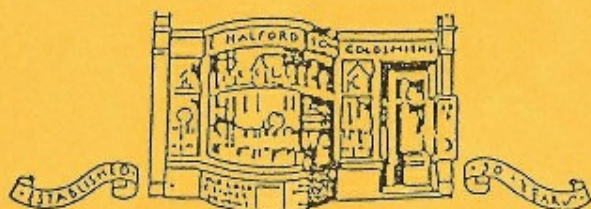
*For further information contact: -*

*The Secretary,  
Crowhurst Christian Healing Centre  
The Old Rectory  
Crowhurst  
BATTLE  
East Sussex TN33 9AD*

*Tel: 01424 830204*

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**Happiness is a butterfly, which, when pursued is always just beyond your grasp, but which, if you sit down quietly, may alight upon you.**



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through Jesus Christ our Lord.

*Amen*

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